

SHARROW
Dental Care

ADVENT
Dental Practice

SPRINGFIELD
Dental Practice

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Pain Killers

Fast Relief

30 Tablets



PAIN RELIEF FOR TOOTHACHE

Using painkillers:

» Anti-inflammatories (such as ibuprofen) combined with paracetamol has been proven to be the most effective medication in reducing dental pain

Mild-moderate dental pain:

- » Paracetamol 1000mg (2 tablets) 4x a day OR
- » Ibuprofen 400mg (2 tablets) 3x a day

Moderate-severe dental pain:

- » Paracetamol 1000mg (2 tablets) 4x a day AND
- » Ibuprofen 400 to 600mg (2-3 tablets) 3-4x a day

For example:

Breakfast	Lunch	Dinner	Before bed
1000mg paracetamol	1000mg paracetamol	1000mg paracetamol	1000mg paracetamol
400 to 600mg Ibuprofen	400 to 600mg Ibuprofen	400 to 600mg Ibuprofen	400 to 600mg Ibuprofen

Do not exceed recommended maximum doses:

4000mg paracetamol in a 24 hour period

2400mg ibuprofen in a 24 hour period

- » Take ibuprofen with meals.
- » Avoid ibuprofen or paracetamol if you have been advised by your doctor.
- » Pain killers will not cure your toothache, please contact the dentist for an assessment and appropriate treatment.
- » Always read and follow the instructions of your medication.
- » Taking more than the accepted dose will not improve your symptoms and can make you seriously ill.
- » If you exceed the recommended dose or experience any abnormal reactions seek advice from a pharmacist, your GP or attend A&E in the case of an emergency.
- » There is currently no strong evidence that ibuprofen can affect the symptoms of COVID-19 (April 2020)